

CL #5 – Get Back Home Bag Checklist

5 Oct 2014

Purpose: To assemble bag with the things you might need to get yourself back home in a situation where you couldn't just drive your car home.

This checklist is arranged according to the 5 Pillars and Tools. Assemble the items that will best serve your needs for each of the 5 Pillars and Tools, see suggestions below. Some of these you may already be carrying daily in your everyday carry so you already have them, you may need to throw in a few more or upgrade for your get home bag. The get home bag is for a few hours to over a day. See 56 minute video below for pillars.

_____ 0) Watch or review the Prepper Academy video on pillars <http://goo.gl/o5yrJO>

_____ 1) Personal Health and Security

Medicine you're dependent upon

Mini first aid kit

Israeli bandage (first-aid device that is used to stop bleeding from hemorrhagic wounds)

Pain-killers and Nitrile gloves

Fixed-blade knife like a light weight Morakniv (amazon.com, etc.)

Pepper spray – get online

Flat,whistle – get online

_____ 2) Shelter

Waterproof poncho (after all, it is Florida)

Bandanna

Mylar Blanket – get these online usually 10 for \$10.00

Heavy Duty 3 ml Contractor bag (could be used as a sleeping bag w/ mylar blanket)

Paracord – get online, WalMart

_____ 3) Water

Water purification tablets

Small portable water filter system – see CL #2 Emergency Water Supply Checklist

Bandanna (filter sediment)

_____ 4) Energy, Electricity, Fire

Lighters

All Weather matches – get online, WalMart

Mini LED flashlight & extra batteries

Glow sticks

Firesteel & cotton balls – see CL #11 Ways to Start a Fire

5) Food

Runner's Gel
Protein/Energy Bar
5 Hour Energy
Emergen-C
Beef Jerky
Granola

6) Tools/Training

Fixed-blade knife like a light weight Morakniv (amazon.com, etc.)
Survival knife – see CL #12 Types and Uses of Knives
Paracord – get online, WalMart
Map
Compass
GPS or GPS Apps on your cell phone
Multi-tool (like Swiss Army Knife) – get online
Emergency cash

7) Pack your “Get Home” items in an ordinary bag that's easy for you to carry. Don't make it so heavy that you look like you are carrying a lot of weight in the bag. You don't want anything that screams prepper or makes you stand out in a crowd, perhaps just a common backpack that people often carry for daily use.