

# CL #6A Earthquake Preparedness Checklist

28 Sept 2014

**Purpose:** To help you and your family be prepared for earthquakes that can happen at anytime.

\_\_\_ 0) Visit & study this site

[http://www.consrv.ca.gov/index/earthquakes/Pages/qh\\_earthquakes\\_what.aspx](http://www.consrv.ca.gov/index/earthquakes/Pages/qh_earthquakes_what.aspx)

\_\_\_ 1) Organize the following for your home:

- \_\_\_ food (3-7 days supply)
- \_\_\_ water (a gallon a day per person for 3-7 days)
- \_\_\_ a first aid kit
- \_\_\_ a fire extinguisher suitable for all types of fires
- \_\_\_ flashlights
- \_\_\_ a portable radio
- \_\_\_ extra batteries
- \_\_\_ extra blankets
- \_\_\_ extra clothes & shoes
- \_\_\_ cash (ATMs may not work)
- \_\_\_ medication
- \_\_\_ an adjustable or pipe wrench to turn off gas or water, if necessary
- \_\_\_ baby and pet food
- \_\_\_ alternate cooking source - See Checklist #3 Off Grid Cooking Means & Methods Checklist

\_\_\_ 2) Decide beforehand how and where your family will reunite if separated by the earthquake. Conduct in-home practice drills. Choose an out-of-the-area friend or relative that family members can call to check on you.

\_\_\_ 3) Secure large objects that may topple in an earthquake (water heaters, major appliances and tall, heavy furniture), put heavy objects and breakables on low shelves or in secure cabinets, and ensure hazardous or flammable liquids are safely stored.

\_\_\_ 4) Make sure everyone knows how to shut off the main gas valve if they smell gas, and how to shut off the power at the control box if there's evidence of damage to electrical wiring.

\_\_\_ 5) Make sure everyone knows how to handle sanitation if there's no water or plumbing.

See: <http://tacticalintelligence.net/blog/survival-sanitation.htm>

<http://www.practicalsurvivor.com/emergencysanitation>

\_\_\_ 6) Organize a Bug Out/In Bag for each family member.

<http://tacticalintelligence.net/blog/how-to-put-together-the-ultimate-survival-kit.htm>

\_\_\_ 7) Organize a first aid kit. See Checklist #9 Beginner 1<sup>st</sup> Aid and Kits Checklist.